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Seeing People, etc. You are saved ^{externally} by others' love of you, for in them you evolve to Perfection. They are your Saviours: collectively they are God your Saviour, who saves you from sin in your extreme aspect. You are saved internally (as P.H.) by your love for other people, for in them evolution, in your vision of them as coming to perfection, you as P.H. evolve. A lovely Dialectical Pattern. Your dependence on Others is dual: you need their love, you need to love them; you need their knowledge of you & your knowledge of them. Krishna says in Bhagavat Gita: "He beholds himself in all beings, & all beings in himself" - this is the seer's attitude.



Levels of Levels

Your knowledge is at the level of the Object Known. This is very evident when you come to Higher Monads. Only a Universe can see a universe. When you see a spiral universe, you are seen from the universe as a universe. When you see a man, you are seen from him, as a man. This is evidence that you are at the level of what you are dealing with. You are all the levels, all the time, but your attention wanders from one to another. Another piece of evidence: God is invisible, as God, from any lower level - which is inside God. The above is the explanation of the fact that a monad appears to be aware of other levels of monads than his own: as at a given level, you only know at that level.

Stierlin: "Reality" p. 156 "Sudden fear either excites or calms; & there is some evidence that in the tiger's grip (even with a human being) fear (157) inhibits feeling & produces anaesthesia in the prey."
Gross: This is sinking to animal level in your dealings with it. Also soldiers & football players sometimes do not notice serious injury & certainly don't feel pain. They are functioning at a 'savage' level.

Stierlin: Reality, (p 289): It is only from within that we can know God. (290) A human friend I know by sight & touch, but not thus do I know the Infinite. Infinite life can't be intellectually understood, but appreciated by life of a similar quality, working himself to them within whom life similar in quality to this one has begun to be generated. (Once God can be known only from within. S.e. only from without. God: no outside ^{inside}.)

Aug '46

Functions of Levels - & Rhythm

I apprehend the rhythm of various levels - by belonging to those levels myself, by ascending to them. E.g. Seasons, (the Christian Year?) heart beats, day & night, etc.



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Russell: Outline of Philosophy

186 Pupils can be taught to contract at a loud noise if this has been frequently experienced along with a bright light.

(Our Teaching - conditioning of reflexes - goes on continually at sub-levels of body. Cells?, tissues, & organs learn

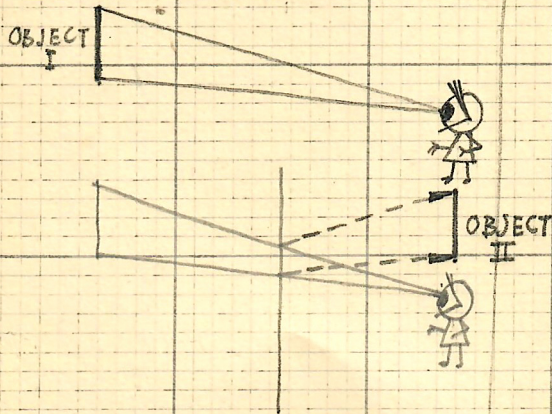


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①

Bury 15.10.45

Alice sees herself in the mirror
"Alice in the Looking Glass"



Alice sees Object I but
 Alice doesn't realise she
 is looking in a mirror.

(As in films & as often in
 real life.) All things are
 seen in a mirror.

That is to say the object
 is either oneself or an
 extension of oneself.

1. The first part of the paper is devoted to a discussion of the general principles of the theory of the subject.



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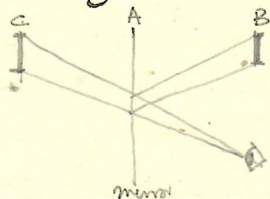
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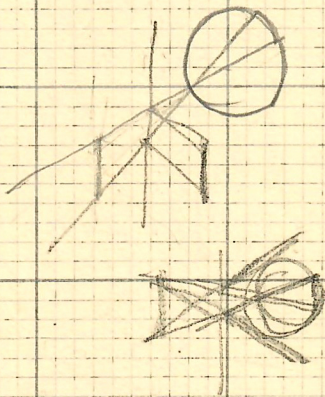
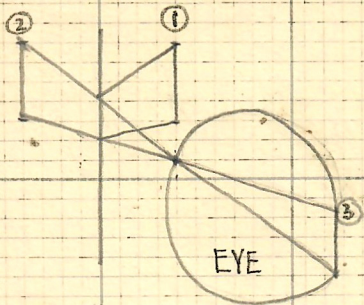
Alice sees herself in the mirror - Alice sees the object out there as apart from herself as Other. This is essential. But it is also essential that the presence of the mirror between oneself & the object, should be neutral; & the fact that this mirror makes what you see an extension of yourself. The objects you see "in the looking glass" are given as not-you, but are neutral to be yourself, as when one recognizes oneself in the mirror.

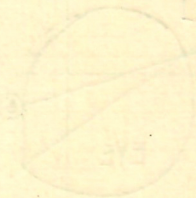
"Holding up the mirror to nature." The fact that one can only see one's own face in the mirror & nowhere else should warn us or prepare us for the notion that the same is true of all the rest

of the body, in actual fact.



The mirror is the Centre. Between A
& B the object breaks down to
Centre & builds up again at C.





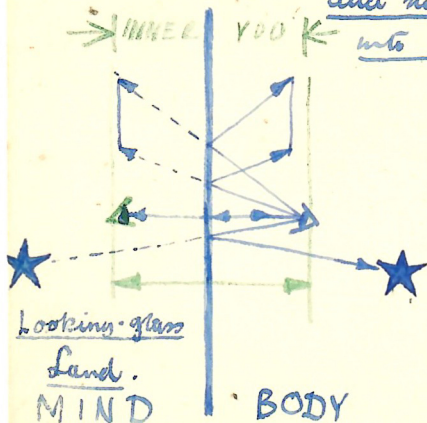
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The mirror

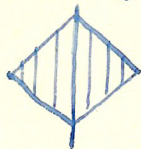
alien not only eats the Tondroot, but walks into the Looking Glass!

Notes:-

- ① The centre is drawn in the construct - in always, by .
- ② All objects you see in the mirror are extensions of the  of the body. The eyes must be drawn.
- ③ Note that the objects on either side of the mirror are truly arranged aura-wise.



Between your eye & the mirror is your body! Your body is turned inside out, so that your eye looks through your body at the mirror!



④ Object & reflection diminish as they recede from mirror, giving our double pyramid.



Mind becoming Matter.



Matter becoming Mind.

Is this process, a process of creation, going on all the time? Mind & matter continually being transformed into each other?

Matter is a product of mind, & mind of matter.

Does my whole body consist of my whole will organisation finding its expression in matter, & my mind consist of my body expressing itself?

When you see, matter becomes mind.
When you act mind becomes matter.

But matter & mind are but parts of one
process. Reality is a process.

What is mental at one level is physical at the next.

E.g. To you your cells & organs, if you consider them as such, are body, whereas if they are included in you at your level they are your mind-in-action.

Anything which has parts then has 'body'. If the sub- ϵ is the ultimate indivisible substance it can have no parts. It can therefore have no body.

