

Why not try our food as part of your balanced diet to help boost your immune system all year round

STARTERS (appetisers)

Papadam (Plain or Spicy Mossola) (v)..... (each) 80p
Chicken Tikka Pakora or Aloo Pakora (v) (potatoes) 2.90
Onion Bhaji (v) (½ portion or 4 balls in a full portion) 2.60
Chicken or Lamb Tikka 2.90
Meat / Chicken or Vegetable Somosa (v) 1.90
Prawn Cocktail (v) 2.20
Chicken Tikka or Prawn Puree (v) 2.90
King Prawn Puree (v) 3.50
King Prawn Butterfly (v) 3.50
Sheek / Shami or Reshmi Kebab 3.00
Chicken Tikka or Veggie Chaat (v) (with tamarind sauce) ... 2.90
Tandoori Chicken (¼ piece) 2.90
Mixed Tikka Starter (chicken tikka & lamb tikka) 3.00
Mixed Kebab (sheek kebab, chicken tikka & lamb tikka) 3.50
Chicken Tikka /Sheek Kebab or Veggie Wrap Roll in Naan bread 4.00
Dal Soup (v) (lentils) 2.50
Garlic Mushrooms (v) (fresh mushrooms & fried onions). 2.50
Mulligatawny Soup (v) (lentils in a special curry sauce) 2.50
Chips with Curry Sauce (v) (medium & tasty sauce) 3.00

HOUSE SPECIALITIES

Dishes are medium to hot, freshly cooked in a thick sauce with herbs. All dishes vary so do ask a member of staff or our website

Chicken Tikka Mossola (mild) 6.30 - Lamb Tikka 6.50
Large Chicken Tikka Mossola 8.30 - Lamb Tikka 8.50
Tandoori King Prawn Mossola 8.00 - Prawn Moss 6.00
Butter Chicken Tikka (creamy/mild) 6.30 - Lamb Tikka 6.50
Chicken Tikka Makani (mild) 6.30 - Lamb Tikka 6.50
Chicken Tikka Passanda (very mild) 6.30 - Lamb Tikka 6.50
Chicken Tikka Peshwari (spicy) 6.30 - Lamb Tikka 6.50
Chicken Tikka Bakara (medium) 6.30 - Lamb Tikka 6.50
Chicken Tikka Garlic Bhuna (med) 6.30 - Lamb Tikka 6.50
Chicken Tikka Achari (little spicy) 6.30 - Lamb Tikka 6.50

TANDOORI SPECIALITIES (Healthier choice)

These dishes are dry, first marinated in herbs, spices & a special tikka sauce then placed on skewers & grilled in a tandoori oven, with fried onions & served with salad & a tub of mint sauce

Chicken Tikka (Main dish) .. 5.50 - Lamb Tikka (Main) ... 5.70
Tandoori Chicken (Half) on the bone 5.70
Tandoori Mixed Grill (served with a Plain Naan Bread)... 8.50
Tandoori King Prawn (Main dish) 8.00
Mixed Tikka Shashlick (chicken tikka & lamb tikka) 7.00
Chicken Tikka Shaslick 6.50 - Lamb Tikka Shaslick .. 7.00
½ Tandoori Chicken Shaslick (on the bone) 7.00

All Pickles & Sauces: just 80p each (v)

Mint Sauce; Red Sauce; Onion Salad; Mango Chutney; Lime Pickle; Mixed Pickle



The Healthy Chef's Guide:

(v) Food Suitable for vegetarians

♥ Healthy Alternative Range

☆ For Allergy Enquiries (please ask staff)

CHEF'S SPECIALITIES (at just £8.00)

Chicken or Lamb Tikka Banaroshi (very mild)
cooked with coconut, fresh cream & pineapple – mild & fruity taste sensation

Chicken Hot Bowl (very hot)
chicken tikka cooked with olive oil, yogurt, fresh garlic & naga chilli

Chicken Mild Bowl (mild)
chicken tikka cooked with olive oil, yogurt, garlic & fresh cream

Chicken or Lamb Dillkush (medium/hot)
cooked in a chef special medium sauce, tangy with tomatoes & onions

Chicken or Lamb Tikka Rongela (medium)
fresh garlic, ginger, green pepper & tomatoes cooked with pieces of tikka with Keema & decorated with a fried egg net

Bengal Special Curry (Chicken & Lamb Tikka) – (medium)
special dish, both chicken tikka & lamb tikka cooked with vegetable, fresh garlic, onions & tomatoes

Chicken or Lamb Tikka Chotpoti (very hot)
fresh green chillies, naga, fried onions, green pepper & tomatoes

Chicken or Lamb Tikka Sylheti (medium)
with onion, green pepper & Sylheti style pickle in a medium sauce.

Chicken or Lamb Tikka Silsila (medium/mild)
special tandoori shashlick dish, cooked in a creamy mild sauce

Chicken or Lamb Tikka Jamdani (medium)
finely chopped poultry/meat cooked with vegetables, pepper & onions

Chicken Nobabbi (mild/sweet)
chicken tikka cooked with olive oil, fried garlic, coconut, fresh cream

Chicken or Lamb Tikka Maadobi (mild/sweet)
creamy dish, cooked with coconut & fresh cream

Murgi Mossola (medium)
cooked with strips of tandoori chicken peeled off the bone, cooked with spiced mince meat in a very special sauce with onions & tomatoes

BIRYANI DISHES

Cooked in basmati rice with herbs & light spices. Served with a vegetable curry side dish unless otherwise stated.

Chicken or Lamb Biryani 7.00
Chicken or Lamb Tikka Biryani 7.50
Spicy Chicken or Lamb Biryani (hot) 8.00
Sweet Chicken or Lamb Tikka Biryani (this dish is served with a separate mild & sweet sauce) .. 7.50
Prawn Biryani 7.00
King Prawn Biryani 7.50
Mixed Tikka Biryani (chicken tikka & lamb tikka) 7.50
Bengal Special Biryani (prawns, chicken tikka & lamb tikka) .. 8.50

BALTI DISHES

These are cooked with herbs & spices, green peppers, onions in a thick sauce with tamarind. All served with a Plain Naan bread

Chicken or Lamb Balti 7.50
Chicken or Lamb Tikka Balti 8.00
Chicken & Mushroom Balti (medium) 8.00
Prawn Balti 8.00
King Prawn Balti 8.50
Chicken or Lamb Tikka Sylheti Balti (medium) 8.00
Chicken or Lamb Tikka Mossola Balti 8.00
Chicken or Lamb Tikka Rogan Balti 8.00
Chicken or Lamb Tikka Chilli Balti (very hot) 8.00
Chicken or Lamb Tikka Jalfrezi Balti (hot) 8.00
Chicken or Lamb Tikka Naga Balti (hot, hot) 8.00
Mixed Tikka Balti (Chicken & Lamb Tikka with Veggie) 8.50

MILD DISHES

These dishes are the mildest dishes on the menu. Very rich in flavour, most are prepared with fresh cream & mild spices in a creamy texture. Suitable for most beginners.

Chicken Korma 5.90 - Lamb Korma 6.10
Large Chicken Korma 7.50 - Lamb Korma 7.90
Chicken Tikka Korma 6.30 - Lamb Tikka 6.50
Prawn Korma 5.70
King Prawn Korma 7.00
Honey Chicken 5.90 - Honey Lamb 6.10
Chicken Malaya 5.90 - Lamb Malaya 6.10
Chicken Curry Mild 4.70 - Lamb Curry Mild 4.90
Chicken Dansak Mild 5.90 - Lamb Dansak Mild 6.10
Chicken Pathia Mild 5.90 - Lamb Pathia Mild 6.10
Chicken Tikka Garlic Bhuna Mild 6.30 - Lamb Tikka 6.50
Chicken Balti Mild (with Naan) 7.70 - Lamb Balti Mild 7.70

MEDIUM CURRIES

Curries are very saucy & rich in flavour, aroma & spices

Chicken Curry 4.50 - Lamb Curry 4.70
Chicken Tikka Curry 5.00 - Lamb Tikka Curry 5.20
Prawn Curry 4.70 - King Prawn Curry 5.50
Chicken Rogan Josh 5.90 - Lamb Rogan..... 6.10
Chicken Tikka Rogan Josh 6.10 - Lamb Tikka 6.30
Prawn Rogan 5.50 - King Prawn Rogan .. 6.50
Chicken Tikka Korai 6.10 - Lamb Tikka Korai 6.30
Prawn Korai 5.50 - King Prawn Korai 6.50
Chicken Bhuna 5.70 - Lamb Bhuna 5.90
Chicken Tikka Bhuna 6.10 - Lamb Tikka 6.30
Prawn Bhuna 5.50 - King Prawn Bhuna ... 6.50
Chicken Sag 5.90 - Lamb 6.10
Prawn Sag 6.00 - King Prawn Sag ... 7.00
Chicken Dupiaza 5.70 - Lamb Dupiaza 5.90
Chicken Tikka Dupiaza 6.10 - Lamb Tikka Dupiaza 6.30
Prawn Dupiaza 5.50 - King Prawn Dupiaza 6.50
Chicken Tikka Kabli Gust 6.10 - Lamb Tikka Gust 6.30
Chicken Tikka Kushbu 6.10 - Lamb Tikka Kushbu 6.30

HOT SPICY CURRIES

Chicken Madras 4.70 - Lamb 4.90
Chicken Tikka Madras 5.20 - Lamb Tikka 5.40
Prawn Madras 5.00 - King Prawn Madras 5.80
Mixed Madras (with chicken & lamb) 5.20
Bengal Madras (with chicken, lamb & prawn) 5.50
Chicken Ceylon 4.90 - Lamb 5.10
Prawn Ceylon 5.10 - King Prawn Ceylon 5.90
Chicken Vindaloo 5.00 - Lamb 5.20
Chicken Tikka Vindaloo 5.50 - Lamb Tikka 5.70
Prawn Vindaloo 5.20 - King Prawn Vindaloo 6.00
Chicken Tindaloo 5.30 - Lamb 5.50
Chicken Phall (extremely hot!) 5.50 - Lamb 5.70
Chicken Tikka Jalfrezi 6.30 - Lamb Tikka 6.50
Prawn Jalfrezi 5.30 - King Prawn Jalfrezi 6.50
Chicken Tikka Chilli Mossola 6.30 - Lamb Tikka 6.50
Chicken Tikka Naga Bhuna 6.30 - Lamb Tikka 6.50



We Use ONLY the Finest of Fresh & Raw Ingredients in Our Cooking



We have finest Chef's in the County



*** Our Price Promise to you: Where we can will try to keep our prices competitive ***

DANSAK DISHES

Dishes are cooked fairly dry as sauce will be soaked up by the lentils, with spices & lemon juice. Fairly hot, sweet & sour.

Chicken Dansak	5.90
Large Chicken Dansak	7.00
Chicken Tikka Dansak	6.30
Large Lamb Dansak	7.50
Lamb Dansak	6.10
Lamb Tikka Dansak	6.70
Prawn Dansak	5.70
King Prawn Dansak	6.50

PATIA DISHES

Cooked in medium to fairly dry sauce, with strong spices, green peppers & extra onions. Fairly hot, sweet & sour taste.

Chicken Pathia	5.90
Large Chicken Pathia.....	7.00
Chicken Tikka Pathia	6.30
Large Lamb Pathia	7.50
Lamb Pathia	6.10
Lamb Tikka Pathia	6.70
Prawn Pathia	5.70
King Prawn Pathia	6.50

VEGETARIAN SPECIALITIES (V)

All these dishes are suitable for vegetarians & are served as main dishes. Medium hot unless otherwise stated. Please note: Dishes on the menu can be cooked to a vegetarian requirement



Vegetable Peshwari (spicy cooked with coconut & capsicum) ..	4.50
Vegetable Jalfryzie (fresh green chillies)	4.50
Vegetable Kushbu (medium cooked with fresh yoghurt) ..	4.50
Vegetable Mossola (mild/med in special tikka sauce)	4.50
Vegetable Rogan Josh (medium with fresh tomatoes)	4.50
Vegetable Korma (mild & sweet with coconut & milk) ...	4.50
Vegetable Garlic Bhuna (medium with strong garlic) ...	4.50
Vegetable Sylheti (with Shatkora Indian lime)	4.50
Vegetable Curry Main dish (mixed veggies)	4.50
Vegetable Dansak (cooked in lentils)	4.50
Vegetable Biryani (served with separate vegetable curry) ..	5.50
Vegetable Balti (served with a Plain Naan bread)	5.50

SIDE DISHES (V)

All dishes are suitable for vegetarians

Curry Sauce (medium)	1.50
Madras Sauce (spicy)	1.60
Korma Sauce (creamy & mild) ..	2.50
Dansak Sauce (spicy with lentils) ..	2.50
Mossola Sauce (mild & light spices) ..	2.50
Vegetable Curry (mixed veggies) ..	2.50
Cauliflower Bhaji	2.50
Mushroom Bhaji	2.50
Bhindi Bhaji (ladies fingers/okra) ..	2.50
Brinjal Bhaji (eggplant/aubergine) ..	2.50
Sag Bhaji (spinach)	2.70
Sag Paneer (spinach & cheese) ...	2.70
Chana Poneer (chick peas & cheese) ..	2.70
Chana Mossala (spicy chick peas) ..	2.50
Chana Aloo (chick peas & potato)	2.50
Bombay Aloo (spicy potatoes) ...	2.90
Sag Aloo (spinach & potatoes) ...	2.90
Aloo Gobi (potatoes & cauliflower) ..	2.90
Tarka Dal (lentils with fired garlic) ..	2.50
Dal (lentils in thick consistency) ...	2.30

SET MEAL FOR TWO (PRICE £16)

Appetisers:
2x Plain Papadum
Starter:
Meat Somosa
 (served with a mint sauce)
Main dish:
Chicken Korma & Chicken Tikka Madras
Side dish:
Bombay Potatoes
Sundry:
Pilau Rice
Bread:
Peshwari Naan

Set Meals exclude any other offer or discounts. Any changes can incur a charge of £1 or more per item/dish. King Prawn excluded.

VEGGIE SET MEAL £6

Vegetarian Set Meal

Appetisers:
1x Plain Papadum
Starter: Vegetable Somosa
 (served with a mint sauce)
Main: Vegetable Mossola
Sundry: Plain Naan Bread

NORMAL SET MEAL £8

General Set Meal

Appetisers:
1x Plain Papadum
Starter: Meat Somosa
 (served with a mint sauce)
Main: Chicken Bhuna
Sundry: Pilau Rice

ENGLISH DISHES - £6

Golden Chicken Nuggets & Chips
10 pieces in a portion with fries
 Plain Omelette & Chip
can also do in mushroom or chicken
 Scampi & Chips
10 pieces served with fries
 Fried Chicken & Chips
10 pieces with a portion of fries

HEALTHY OPTION & KIDS MEAL For just £6 (Ideal for Weight Watchers & Kids)

1x Plain Papadum
1x Chicken Tikka (Main Meal)
 (served with salad & mint sauce)
1x Chapatti Bread
1x Can Diet Coke

"We continually get new customers from customer recommendations, so try us & see for yourself. We have good reviews & told that we offer excellent support & friendly service. We don't compare ourselves with other caterers as we don't compromise on quality, we believe a good Indian takes time to cook & prepare so we don't try to rush or take shortcuts. Bear with us as we cook your food to order from scratch. For delivery orders we do say allow at least 45 minutes." Ali, Manager

Bay of Bengal

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For any allergy query please check with our staff

TRIED (&) TASTED 2016

★★★★★

Loved locally, and rated by you for consistently great quality.

Bay of Bengal

JUST EAT
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22/02/2016 Date
 Graham Corfield Managing Director, JUST EAT

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Our 8th Anniversary 2017-18 * Edition

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SOFT DRINKS

* All original Coke or Diet Coke drink cans 80p
 * All bottled Coke or Diet Coca Cola drinks 2.00

Indian Sweets & Desserts

Pineapple Fritta - £3.00
 Kulfi Ice Creams - £2.50 (Mango or Pistachio flavour - please check availability)

Please note: Management reserves the right to refuse anybody without giving reason - Allergy Watch: Some of these dishes may contain nuts &/or other allergic ingredients, so please check with staff